



**VIITED JA  
SOOVITUSLIK   
KIRJANDUS**



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## ELAVAD EMOTSIOONID

Visuaalse kogemisloo metoodikal põhinev  
emotsioonidega toimetuleku treeningkoolitus vaimse  
tervise probleemidega inimestele



Kaasrahastas  
Euroopa Liidu programm  
„Erasmus+”

